

Tuberculosis Care Discharge Planning: One Patient's Journey from Hospital to Home

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Journey from Hospital to Home

- ▶ Purpose– Why discuss?
- ▶ Meet Our Patient
- ▶ Patient's Medical History
- ▶ Hospital Discharge Plan
- ▶ Hospital to Rehabilitation Facility
- ▶ Rehabilitation Facility to Home
- ▶ Finally Home– What's Next?
- ▶ Recommendations



Journey from Hospital to Home...Meet Our Patient

- ▶ Female
- ▶ 44 years of age
- ▶ Country of origin is Peru
- ▶ Lived in Argentina for seven years and returned to Peru before coming to the U.S. (entered U.S. in 2004)
- ▶ Spanish speaking and English is second language (ESL)
- ▶ Wife, Mother of two children (son and daughter)
- ▶ Housekeeping, child and elder care in Peru



Medical History

▶ Diagnoses

- Systemic Lupus Erythematosus (SLE)
- History of Pulmonary TB Treatment
- Hypothyroidism
- Gastritis
- Uterine bleeding
- Multi Drug Resistant (MDR) Tuberculosis
 - Resistant to: Isoniazid, Rifampin, Pyrazinamide

▶ Overview



Journey from Hospital to Home...Discharge Planning

► Challenges

- Communication
- Discharge location
- Medication
- Family engagement
- Patient adjustment
- Collaboration
- Long-term planning
- Assessment of facility knowledge and resources



Journey from Hospital to Home...Discharge Planning

- ▶ Communication

- Face to face
- Phone
- Fax
- Email
- Consent

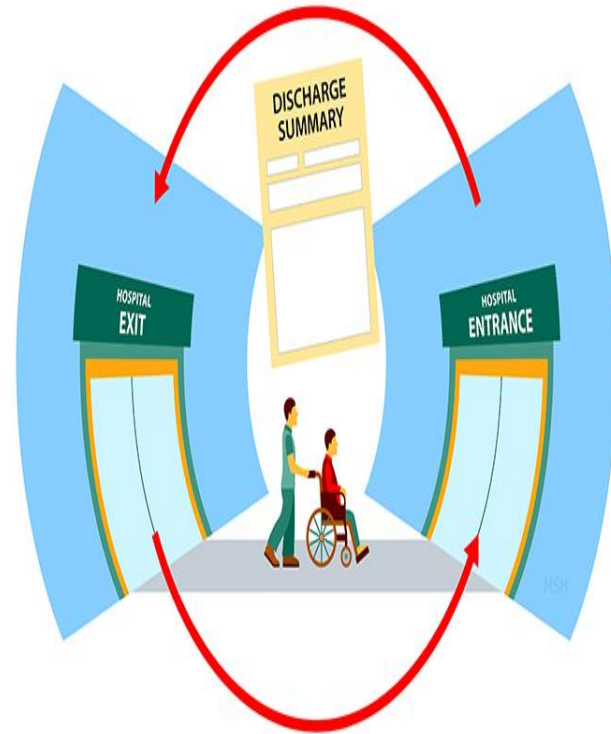
- ▶ COMAR as it relates to TB care and treatment

- ▶ HIPAA



Journey from Hospital to Home...**Hospital to Rehabilitation Facility**

- ▶ Discharge plan
 - Site selection
 - Financial considerations
 - Discharge date
 - Medical management



Journey from Hospital to Home...Hospital to Rehabilitation Facility

- ▶ Medication arrangements (TB medication)
 - Financial considerations
 - Availability
 - Dispensing
 - Rehabilitation facility pharmaceutical guidelines
 - Orders
 - Documentation
 - Maryland CTBCP Program support



Journey from Hospital to Home...Hospital to Rehabilitation Facility

Collaboration

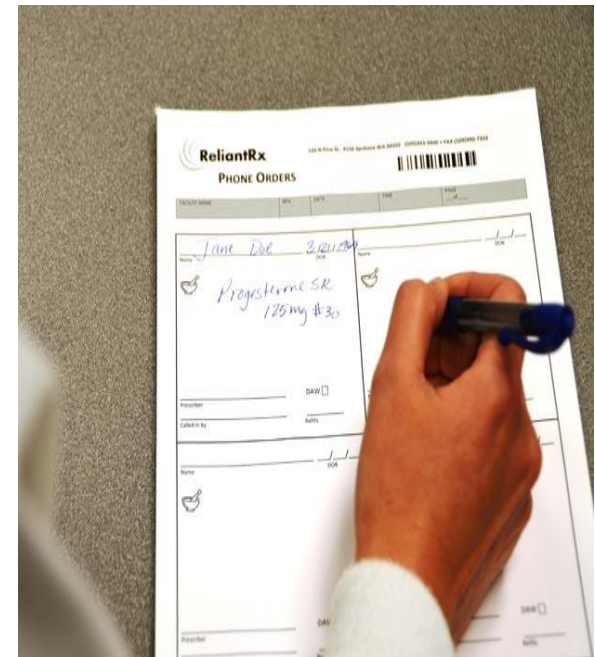
- Assessment
- Building relationships
 - Initial contact
 - Initial site visit
 - Communication
 - Role clarification
- Ongoing site visits
- Discharge planning



Journey from Hospital to Home...Hospital to Rehabilitation Facility

Assessment of knowledge and resources

- DHHS
 - Patient care model
 - Medical team members
 - Patient visitation
 - Guidelines
- Rehabilitation facility
 - DHHS TB Program role
 - Knowledge about TB treatment
 - Medical team members
 - Documentation



Journey from Hospital to Home...Hospital to Rehabilitation Facility

- ▶ Family participation
 - Meeting needs
 - Impact
- ▶ Patient adjustment
 - Language barriers
 - Cultural considerations
 - Dietary considerations
 - Rehabilitation
- ▶ Long-term planning
 - Planning for second discharge transition



Journey from Hospital to Home...Rehabilitation Facility to Home

Similar challenges

- ▶ Medical team for out patient care, communication, adjustment, maintaining relationships, medical status
- ▶ Rehabilitation status upon transition
- ▶ Medication arrangements
- ▶ Impact on family
- ▶ Patient adjustment
- ▶ Financial resources
- ▶ Continuity of care
- ▶ Specifics of transition plan



Journey from Hospital to Home...Rehabilitation Facility to Home

- ▶ Rehabilitation status
 - Limitations
 - Continuity
- ▶ Impact on family
 - Needs and concerns of family
 - Home assessment
 - Support system
 - Safety
 - Plan development
 - DOT
- ▶ Patient adjustment



Journey from Hospital to Home...Rehabilitation Facility to Home

- ▶ Financial resources
 - Continued rehabilitation services
 - Medical services
 - Other support services
- ▶ Continuity of care
 - Medical team
 - Follow up



Journey from Hospital to Home...*Finally Home!!!*

- ▶ Ongoing assessment
- ▶ Directly observed therapy
- ▶ Case management
- ▶ Referrals



Journey from Hospital to Home...

Implications and Recommendations

- ▶ Patient and family-centered
- ▶ Assessment
- ▶ Communication
- ▶ Collaboration
- ▶ Regulations and guidelines
 - Rehabilitation facility
- ▶ State Maryland Center for Tuberculosis Control and Prevention (CTBCP)



Journey from Hospital to Home...Resources

- ▶ COMAR 10.06.01.05 (Confidentiality)
- ▶ COMAR 10.06.01.04 (Reporting)
- ▶ COMAR 10.07.02.15 (Pharmaceutical Services)



Journey from Hospital to Home

- ▶ Questions or Comments?



Thank you.

Kimberly

